

✓ Contains M May Contain R Removable															
Menu Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Tiffin Tree Condiments															
Chilli Pickle										✓					
Coriander & Mint Chutney								✓							
Mint & Yogurt Sauce								✓							
Mixed Pickle										✓					
Tamarind Sauce	✓														

Signed by: _____

Signature: _____

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Afternoon Tea															
Amritsari Machhi			Wheat ✔			✔									
Broccoli	✔														
Chocolate Masala Tea								✔					✔		
Crispy Okra			Wheat ✔												
Firecracker Cauliflower	✔														
Masala Chai								✔							
Mini Vada										✔					
Mogo Chips	✔														
Paneer Pakora								✔							
Poppadums	✔														

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TT Beverages															
Berry & Chai Lassi								✓							
Mango and Cardamom Lassi								✓							
Rose and Cardamom Lassi								✓							
Salted Lassi								✓							

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Tiffin Tree Breakfast Menu															
Aloo Wala Paratha			Wheat ✓												
Avocado Toast			Wheat ✓									✓			
Fresh Fruit	✓														
Gobi Wala Paratha			Wheat ✓												
Lamb Samosa			Wheat ✓							✓			✓		
Omelette					✓			✓							
Original Paratha			Wheat ✓												
Tiffin Tree Chilli Cheese Toast			Wheat ✓					✓				✓			
Vegetable Pakoras	✓														
Vegetable Samosa			Wheat ✓							✓					
Yoghurt with Seasonal Fruit								✓							

Signed by: _____

Signature: _____

Site: Wellington

Allergens Summary: Tiffin Tree
Desserts

Reviewed by Head Chef on 22-04-2026

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Tiffin Tree Desserts															
Date Sponge with Rabdi Custard			Wheat ✔		✔			✔						✔	
Gulab Jamun			Wheat ✔					✔							Pistachios ✔
Halwa								✔							Pistachios ✔
Malai Kulfi								✔							Almonds ✔ Pistachios ✔
Mango & Cardamom Delice			Wheat ✔					✔					✔	✔	
Mango Kulfi								✔							
Motichoor Tart			Wheat ✔					✔					✔	✔	Almonds ✔ Pistachios ✔
Pistachio Kulfi								✔							Pistachios ✔
Rasmalai Tiramisu			Wheat ✔		✔			✔						✔	Pistachios ✔

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[illegible]

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	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Tiffin Tree Mains Menu															
Dal Makhani								✓							
Dal Tadka	✓														
Date Sponge with Rabdi Custard			Wheat ✓		✓			✓							Pistachios ✓
Firecracker Cauliflower	✓														
Fish Curry						✓				✓					
Fish Fingers			Wheat ✓		Ⓜ	✓		Ⓜ							
Garlic Naan			Wheat ✓					✓							
Gulab Jamun			Wheat ✓					✓							Pistachios ✓
Halwa								✓							Pistachios ✓
Kachumbar Salad	✓														
Lamb Biryani	✓														
Lamb Curry	✓														
Lamb Samosa			Wheat ✓							✓			✓		
Malai Kulfi								✓							Almonds ✓ Pistachios ✓
Mango and Cardamom Delice								✓							
Mango Kulfi								✓							
Matar Paneer								✓							

Menu Dishes	✓ Contains														
	Ⓜ May Contain														
	Ⓡ Removable														
Tiffin Tree Mains Menu															
Steamed Basmati Rice	✓														
Tandoori Chicken								✓						✓	
Tandoori Chicken Wings								✓						✓	
Tandoori Lamb Chops								✓						✓	
Tandoori Salmon						✓		✓							
Tiffin Tree Cheese Toastie			Wheat ✓					✓							
Tiffin Tree Chilli Cheese Toast			Wheat ✓					✓				✓			
Tiffin Tree Mixed Grill								✓						✓	
Tiffin Tree Murgh Goujons		✓	Wheat ✓		Ⓜ			Ⓜ					✓		
Vegetable Biryani	✓														
Vegetable Pakora	✓														
Vegetable Samosa			Wheat ✓							✓					

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